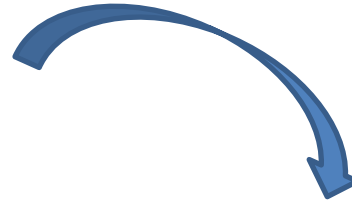


2.3 Effects on service users' health and wellbeing if person-centred values are not applied

1	What are the physical effects if person-centred values are not applied?	<ul style="list-style-type: none"> • Pain if medication or treatment is not given • Illness may get worse • Malnutrition/illness due to lack of food for special dietary needs • Dehydration due to lack of regular fluids • Injury
2	What are the intellectual effects if person-centred values are not applied?	<ul style="list-style-type: none"> • Lack of progress or skills development • Failure to achieve potential • Loss of concentration • Lack of mental stimulation
3	What are the emotional effects if person-centred values are not applied?	<ul style="list-style-type: none"> • Depression • Feeling upset • Low self-esteem/feeling inadequate • Anger/frustration • Stress
4	What are the social effects if person-centred values are not applied?	<ul style="list-style-type: none"> • Feeling excluded • Feeling lonely • Lack of social interaction/poor social skills • Become withdrawn



Give examples of effects when the person centred values are not applied, linking them to a health and social care setting:

If a service user in a nursing home is not given a choice of food to suit their dietary needs, they could become malnourished.
A service user in a residential care home has individual needs which may require specific activities to keep their mind active. If these needs are not met, this could lead to a lack of mental stimulation.
If a service user in a hospital feels that their privacy has not been maintained, they could feel upset, angry and embarrassed.
If a service user's independence is not encouraged in a day care setting, they may become withdrawn or feel excluded.

Key words:

Obesity	Describes a person who's very overweight, with a lot of body fat.
Coeliac disease	A condition where your immune system attacks your own tissues when you eat gluten. This damages your gut (small intestine) so you are unable to take in nutrients.
Halal	Halal refers to foods or non-food items such as cosmetics or pharmaceuticals permitted by and prepared according to Islamic law.
Kosher	Kosher is a term to describe any food that complies with a strict set of dietary rules in Judaism
Malnutrition	A condition that results from lack of sufficient nutrients in the body. This causes fatigue, dizziness and growth related problems.
Bipolar disorder	A serious mental illness characterised by extreme mood swings. They can include extreme excitement episodes or extreme depressive feelings.